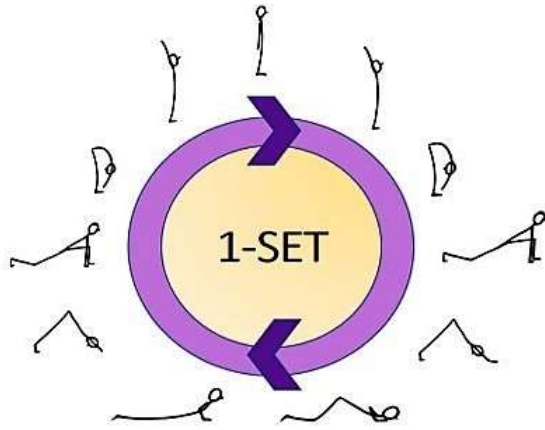


# 30-Tage Sonnengruß Challenge



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Tag 1 2	Tag 2 2	Tag 3 4	Tag 4 4	Tag 5 4
Tag 6 4	Tag 7 4	Tag 8 6	Tag 9 6	Tag 10 6
Tag 11 6	Tag 12 6	Tag 13 8	Tag 14 8	Tag 15 8
Tag 16 8	Tag 17 8	Tag 18 10	Tag 19 10	Tag 20 10
Tag 21 10	Tag 22 10	Tag 23 12	Tag 24 12	Tag 25 12
Tag 26 12	Tag 27 14	Tag 28 16	Tag 29 18	Tag 30 20